

# Exploring the Five Senses

## About Our Five Senses

Our senses are very busy all the time and provide us with lots of really important information about what's going on around us. They tell us:

- What is out in the environment.
- How much is out there.
- Is there more or less of it than before.
- Where is it.
- Is it changing in time or place.

### 5 Senses Journal:

Create a simple journal book with 8 pages (you can create this using four pages folded in half then stapled down the middle).

Decorate the cover with pictures relating to the five senses – you can draw them or cut pictures out of magazines and glue them on.

Each day for a week describe a different place or thing using all five senses in your descriptions. Some places your teacher could ask you to describe are your room, the school, the park, your favorite place to go, favorite food, favorite toy, etc.

## Can You Name That Sound?

### What to Do:

Students should close their eyes or turn away from the sound maker. After each sound have the students try to guess what it was. Example sounds:

- Shake pennies or other coins.
- Tap a pencil or pen on a desk.
- Stomp on the floor.
- Drop a ball.
- Close a book.
- Crumple up paper or foil.
- Close a door.
- Clap hands.
- Clap chalkboard erasers.



Have the students bring in an item that will make a sound that might stump the others.

## The Five Senses Scramble

Can you unscramble these words to find out what the five sense are?

LEMSL \_\_\_\_\_

RHEA \_\_\_\_\_

STAET \_\_\_\_\_

OCTUH \_\_\_\_\_

SGTIH \_\_\_\_\_

## Guess What? A Five Senses Game

### How To Play:

Put five pieces of paper each labeled with one of the five senses in a bowl or hat. Pick one of the pieces of paper from the hat then describe something relating to that sense without using the name of the thing in their description.

The other players try to guess the thing based on the description. The person who gets it right goes next.

## Let's Go For a Taste Test

### What To Do:

Does what you see influence what you taste? Get four different flavored sodas of different colors. Also get one unflavored, clear soda (such as, club soda or seltzer water). Add a few drops of orange food coloring to the unflavored, clear soda. (This will make it look like orange soda, but of course, it will not have any taste.)



Pour the five drinks into different cups for taste testers. Ask people to tell you what each drink tastes like. How many people said your unflavored drink was "Orange"?

Food companies add color to food to influence what it tastes like. People like to see foods in colors that they expect.

# Make Your Own Perfume

Follow this easy recipe to make your own perfume. This is best done in the spring when flowers can be easily collected. You can experiment with spices such as mint, rosemary, and orange peel as well as using a mix of vanilla, cinnamon and cloves.

## What You Need:

- 1 cup water
- 1 cup fresh cut flower blossoms
- 3 coffee filters
- 2 containers



## What to Do:

1. Place one cup of water into a container then add one cup of fresh chopped flower blossoms or spices. (Use flowers with strong smells like lilac, lavender, orange blossoms, and honeysuckle.) Let the flower/water mixture sit overnight.
2. Strain the water through a coffee filter into a clean container. Squeeze the coffee filter to get all of the liquid. Throw away the filter.

## Five Senses Word Search

F L Q T L M I E T P Y M  
V I D E H K S S E Y E K  
M V N T A O M W F N S D  
S P U G N R G P F K Y P  
L O J P E J S G Z T F C  
M R I G G R J P P A A B  
A A L T E E S G H X Y G  
M E F T S G L L E M S T  
Z H S T O U C H I T G H  
V A T U J H G A V L A G  
T A B P P X H S S G J I  
O F V T G D L A J W A S

EARS  
EYES  
FINGERS  
HEAR  
MOUTH

NOSE  
SIGHT  
SMELL  
TASTE  
TOUCH

## Experience Depth Perception

Here's a demonstration of the importance of two eyes to judge depth. This will require you to pick a partner.



## What You Need:

- Pennies, buttons or paper clips
- A cup

## What to Do:

1. Sit across the table from your partner. Put a cup about two feet in front of your subject. Have your partner close one eye as you hold a penny in the air about 1.5 feet above the table.
2. Move the penny around slowly. Ask your partner to say "Drop it!" when he or she thinks the penny will drop into the cup if you released it. Drop the penny and see if it makes it into the cup.
3. Try it again when the subject uses both eyes, with the cup farther away from partner, and with the cup closer. Compare the results of "10 drops" at each distance.

## Questions:

- Is there improvement with two eyes?
- Is there improvement with the cup is closer to your partner?

## What A Perfect Pair!

## What You Need:

- Small object "pairs" such as two identical bottle caps, two paper clips, two marbles, etc.
- 2 paper bags



## What to Do:

1. Put one item from each pair into two separate bags. So now you have one set of objects in one bag and the matching objects in another bag.
2. Reach into the bags and pull out the pairs. To make things harder, use object pairs that are only slightly different from each other, such as grades of sand paper or different sizes of marbles.